

Building Board Toppers: A Holistic Approach to Academic Excellence

Inside B.D.M. International's success story through leadership, student discipline and strong school support



Ms Madhumita Sengupta, Principal of **B.D.M. International**, is a seasoned educationist with over 27 years of experience in the field of education. An alumna of Loreto School and the University of Calcutta, she has played significant roles as a mentor under CBSE and AWES, and as an observer for NIOS. She has been honoured with the prestigious Chief of Army Staff Commendation Card. Known for her progressive vision, she believes in nurturing creativity, compassion and academic excellence, ensuring that students grow into confident and responsible individuals.

In Conversation with the Principal

Q. What is the school's philosophy for Board exam preparation?

A. Our philosophy is rooted in conceptual clarity rather than rote learning. Preparation begins as early as Grade IX, with structured revision plans, regular assessments and continuous progress monitoring. Personalised feedback helps students improve steadily, while confidence-building remains central to our approach.

Q. How does the school balance academic pressure with student well-being?

A. We prioritise emotional and mental well-being alongside academics. The school has counsellors, special educators and trained teachers who identify early signs of stress. Co-curricular activities, open communication and a supportive environment ensure students remain motivated and balanced.



Q. When did you first notice Board topper Jayshirshya's potential?

A. Jayshirshya, who scored 500 on 500 in the Class X Board examinations, displayed strong potential early on through consistent academic performance, curiosity and participation in competitions. Our role has been to guide and nurture his abilities over time.

Q. How does the school encourage students beyond academics?

A. We provide multiple platforms such as the Student Council, outreach programmes, inter-school forums and project-based learning. These opportunities help students develop leadership skills, confidence and a sense of responsibility.



The Topper Speaks: Jayshirshya Basu

Q. What was your daily study schedule during Board preparation?

A. My schedule was flexible but consistent. I studied every day and dedicated late-night hours, especially from 10 pm to 12 midnight, to practising Mathematics. I also made sure to

Established in 1966, **B.D.M. International**

is among Kolkata's oldest and most reputed CBSE co-educational institutions. With over 7,500 students and 350 faculty members, the school has consistently delivered outstanding Board results, including national toppers and perfect scores. Spread across a four-acre campus, it offers advanced infrastructure such as robotics, AI and aerospace labs, smart classrooms, auditoriums and sports facilities. Aligned with NEP 2020, the school promotes experiential learning, STEM education and holistic development through academics and co-curricular initiatives.

balance studies with sports and relaxation.

Q. What was your revision strategy in the final months?

A. I focused on solving sample papers and previous years' CBSE questions under timed conditions. Evaluating my answers using marking schemes helped me identify mistakes and improve accuracy.

Q. How did you manage stress or low scores in mock tests?

A. I believe exam stress is natural. Regular practice through Pre-Boards and mock tests helped me overcome fear. Over time, my accuracy improved and my confidence grew.

Q. How did your teachers and school support you?

A. My teachers played a crucial role in my success. Their constant

guidance, encouragement and clarity in teaching made a huge difference.

His Parents' Perspective

Q. What makes your child deserving of being a Board topper?

A. His dedication, consistency and seriousness towards studies, especially during mock examinations, set him apart.

Q. How has the school

contributed to his success?

A. While his hard work has been key, the guidance and support of his teachers have been equally important. The school has played a significant role in shaping his journey.

Overall, this collective effort - strong leadership, structured academic planning, student discipline and parental support - highlights how B.D.M. International continues to set benchmarks in academic excellence while nurturing well-rounded individuals.

